

**DR.DHARMAMBAL GOVERNMENT POLYTECHNIC COLLEGE FOR WOMEN
THARAMANI, CHENNAI- 600113**

DEPARTMENT OF COSMETOLOGY

**Curriculum outline
With effect from 2022.**

Following courses are identified for the Diploma Course in Department of Cosmetology with effect from academic year 2022-2023

Course code	Course Name (Theory) SEMESTER - I & SEMESTER -II
COG106	Medical Cosmetology
COG107	Physique Care
COG108	Hair Dressing
COG206	Art of makeup
COG207	Cosmetic chemistry
COG208	Business management

Course code	Course Name (Practical) SEMESTER - I & SEMESTER- II
COG175	Massage Therapy Lab
COG176	Make up Lab- I
COG177	Hair Dressing Lab –I
COG178	Manicure and Pedicure Lab
COG276	Hair Dressing Lab-II
COG277	Electro Therapy lab
COG278	Makeup Lab- II
COG279	Yoga Therapy Lab

SCHEME OF EXAMINATION
SEMESTER- I

S.NO	COURSE CODE	COURSE NAME	HOURS /WEEK	EXAMINATION				
				EXAM DURATION (HRS)	INTERNAL MARKS	EXAM MARKS	MAX MARKS	MIN FOR PASS
1.	COG106	Medical Cosmetology	4	3	25	75	100	40
2.	COG107	Physique Care	4	3	25	75	100	40
3.	COG108	Hair Dressing	4	3	25	75	100	40
4.	COG175	Massage Therapy Lab	5	3	25	75	100	50
5.	COG176	Makeup Lab –I	5	3	25	75	100	50
6.	COG177	Hair Dressing Lab – I	5	3	25	75	100	50
7.	COG178	Manicure And Pedicure Lab	5	3	25	75	100	50

SCHEME OF EXAMINATION
SEMESTER- II

S.NO	COURSE CODE	COURSE NAME	HOURS /WEEK	EXAMINATION				
				EXAM DURATION (HRS)	INTERNAL MARKS	EXAM MARKS	MAX MARKS	MIN FOR PASS
1.	COG206	Art of makeup	4	3	25	75	100	40
2.	COG207	Cosmetic chemistry	4	3	25	75	100	40
3.	COG208	Business management	4	3	25	75	100	40
4.	COG276	Hair Dressing Lab – II	5	3	25	75	100	50
5.	COG277	Electro Therapy Lab	5	3	25	75	100	50
6.	COG278	Makeup Lab – II	5	3	25	75	100	50
7.	COG279	Yoga Therapy Lab	5	3	25	75	100	50

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Department of Cosmetology

Semester I

With effect from 2022

S.No	Course Code	Course Name	No of Hours of Theory	No of Hours of Practical	Contact Hours
1.	COG106	Medical Cosmetology	4	-	4
2.	COG107	Physique Care	4	-	4
3.	COG108	Hair Dressing	4	-	4
4.	COG175	Massage Therapy Lab	-	5	5
5.	COG176	Makeup Lab -I	-	5	5
6.	COG177	Hair Dressing Lab – I	-	5	5
7.	COG178	Manicure And Pedicure Lab	-	5	5
Extra/ Co- curricular activities		Physical Education	-	-	2
		Library	-	-	1
		Total Hours	12	20	35

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Department of Cosmetology

**Semester II
With effect from 2022**

S.No	Course Code	Course Name	No of Hours of Theory	No of Hours of Practical	Contact Hours
1.	COG206	Art of makeup	4	-	4
2.	COG207	Cosmetic chemistry	4	-	4
3.	COG208	Business management	4	-	4
4.	COG276	Hair Dressing Lab – II	-	5	5
5.	COG277	Electro Therapy Lab	-	5	5
6.	COG278	Makeup Lab – II	-	5	5
7.	COG279	Yoga Therapy Lab	-	5	5
Extra co- curricular activities		Physical Education	-	-	2
		Library	-	-	1
		Total Hours	12	20	35

DIPLOMA IN COSMETOLOGY

INTERNSHIP

**Internship training for Diploma in Cosmetology (1 year)- 2 weeks
(Internship program will be conducted as per DoTE schedule)**

- 1. Student should undergo an internship training program for a period of 2 weeks after completing semester- I / semester -II**

MEDICAL COSMETOLOGY

COG106

64 HOURS

UNIT I- STRUCTURE AND DISORDER OF SKIN, HAIR AND NAIL

TIME: 12HRS

STUDY OF STRUCTURE OF SKIN – DISORDERS OF SKIN– ENVIRONMENTAL ENEMIES OF THE SKIN – STRUCTURE OF HAIR –DISORDER OF SCALP AND HAIR –STRUCTURE OF NAILS – DISORDERS OF NAILS – FOOT PROBLEMS – ORAL HYGIENE – DENTAL CARE – EYE CARE

UNIT II-MUSCULAR SYSTEM

TIME: 12HRS

STUDY OF MUSCULAR SYSTEM (MYOLOGY) - ORIGIN AND INSERTION OF MUSCLES – STUDY OF MUSCLES OF FACE AND NECK – MUSCLES OF THE BACK – MUSCLES OF THE UPPER LIMBS AND LOWER LIMBS – MUSCLES OF THE CHEST AND ANTERIOR ABDOMINAL WALL – REGULATION OF BODY TEMPERATURE

UNIT III -NERVOUS SYSTEM, CIRCULATORY SYSTEM

TIME: 11HRS

STUDY OF NERVOUS SYSTEM – STUDY OF SENSORY NERVE AND MOTOR NERVES–NERVE SUPPLY TO FACE, SCALP AND NECK –NERVE ENDING OF PALM AND SOLE – STUDY OF CRANIAL NERVES – NERVES OF THE ARMS AND HANDS – STUDY OF ARTERIES, VEINS – STRUCTURE OF HEART AND ITS FUNCTIONS– CIRCULATORY SYSTEM – FUNCTION OF BLOOD – BLOOD CLOTTING AND FIGHTING INFECTION

UNIT IV – DIGESTIVE SYSTEM, ENDOCRINE SYSTEM

TIME: 11HRS

STUDY OF ORGANS AND FUNCTIONS –DIGESTIVE SYSTEM –STUDY OF SKELETAL SYSTEM – STUDY OF LYMPHATIC SYSTEM – STUDY OF ENDOCRINE SYSTEM – CAUSES OF OBESITY – DIET FOR OBESITY – STUDY OF VITAMINS AND MINERALS, CALORIE VALUES OF COMMON DIETARY ITEMS

UNIT V-FITNESS MACHINES AND AEROBICS

TIME: 11HRS

FIRST AID –GUIDANCE ABOUT ESTHETIC SURGERY –FITNESS MACHINES AND AEROBICS – MULTI GYM – TREADMILL –VIBRATORY BELT – INDOOR CYCLE – INDOOR WALKER – TRIMMER – PECK-DECK – TRAMPOLINE – ALLERGIC DERMATITIS – IDEAL WEIGHT CHART

REVISION AND TEST

TIME: 7HRS

COG106 - MEDICAL COSMETOLOGY

Total no of hours/week: 4

Total no of week /semester: 16

Total no of hours/semester: 64

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
	Hours/ week	Hours/ semester	Internal	Autonomous Exam	Total
MEDICAL COSMETOLOGY	4	64	25	75	100

Topics and Allocations:-

UNIT	TOPICS	TIME(Hours)
1.	STRUCTURE AND DISORDER OF SKIN, HAIR AND NAIL	12
2.	MUSCULAR SYSTEM	12
3.	NERVOUS SYSTEM, CIRCULATORY SYSTEM	11
4.	DIGESTIVE SYSTEM, ENDOCRINE SYSTEM	11
5.	STUDY OF FITNESS MACHINES AND AEROBICS	11
	REVISION AND TEST	7
TOTAL		64

OBJECTIVES:-

ON COMPLETION OF THE FOLLOWING UNITS OF SYLLABUS CONTENTS THE STUDENTS WILL BE ABLE TO

- TO UNDERSTAND THE STRUCTURE OF SKIN, HAIR AND NAIL.
- TO UNDERSTAND THE DISORDER OF SKIN, HAIR, NAIL.
- TO UNDERSTAND THE MUSCULAR SYSTEM.
- TO UNDERSTAND THE REGULATION OF BODY TEMPERATURE.
- TO UNDERSTAND THE NERVOUS SYSTEM AND NERVE SUPPLY OF THE BODY.
- TO UNDERSTAND THE DIGESTIVE SYSTEM, SKELETAL SYSTEM AND STUDY OF BALANCE DIET.
- TO UNDERSTAND THE FIRST AID IN BEAUTY PARLOUR.
- TO UNDERSTAND THE BODY FITNESS MACHINES, IDEAL WEIGHT CHART FOR MEN AND WOMEN.
- TO UNDERSTAND ALLERGIC DERMATITIS.

REFERENCE BOOKS:-

1. BONES AND MUSCLES – OILVERALLIEN
2. ANATOMY AND PHYSIOLOGY FOR NURSES – EVELYN PEARCE
3. PROFESSIONAL TRAINING FOR BEAUTICIANS – VAN DEAN MANUAL
4. HUMAN ANATOMY – M.PRIVES, N. LYSENK
5. ATLAS OF HUMAN ANATOMY – R.D. SINLNIKOV

SESSION MARKS:-

Internal: 25 marks	10 marks – Test 05 marks – Assignment 05 marks – Seminar 5 marks – Attendance
External: 75 marks	75 marks – Theory
Total marks	100 marks

PHYSIQUE CARE

COG107

64 HOURS

UNIT I-SKIN ANALYSIS, PROFESSIONAL MASSAGE STROKES

TIME: 12HRS

STUDY OF SKIN CARE IN DIFFERENT SEASONS – STUDY OF SKIN ANALYSIS –EXFOLIATION AND ITS CARE - SKIN CONDITION AND ITS TREATMENT – STUDY OF PROFESSIONAL MASSAGE STROKES FOR FACE NECK AND SHOULDER–STUDY OF PROFESSIONAL RELAXING MASSAGE STROKES FOR FULL BODY- BODY POLISHING

UNIT II

TIME: 12HRS

2.0 BATH PREPARATION, 2.1 SKIN BLEACH, 2.2 NUTRITION AND DIETETICS

2.0 STUDY OF BATH PREPARATION – STUDY OF DIFFERENT TYPES OF MASK AND PACK
2.1 SKIN WHITENING (SKIN BLEACH) – STUDY OF CHEMICAL BLEACH AND HERBAL BLEACH
2.2 BALANCED DIET – NUTRITIVE DIET FOR HEALTHY SKIN, HAIR, NAIL AND TOOTH –
RECOMMENDED DIET FOR YOUTH AND ADULT – STUDY OF DIET FOR HEALTH PROBLEMS

UNIT III-YOGA ASANAS AND ITS BENEFITS

TIME: 11HRS

YOGA ASANAS DEFINITION AND ITS BENEFITS – PRANAYAMA– SURYA NAMASKAR – YOGA MUDRAS– PADMASANA – BHUJANGASANA – HALASANA – SARVANGASANA – SIDDHASANA – THADASANA – PACHIMOTHASANA – SALABHASANA – ARTHASALABHASANA – DHANURASANA – VAJRASANA –MATSYENDRASANA –TRIKONASANA – MATSYASANA –SAVASANA - MEDITATION

UNIT IV-REFLEXOLOGY, ACUPRESSURE, AROMATHERAPY

TIME: 11HRS

STUDY OF REFLEXOLOGY – BENEFITS OF REFLEXOLOGY-STUDY OF REFLEX CHART FOR PALM AND SOLE- STUDY OF ACUPRESSURE – STUDY OF AROMATHERAPY – AROMA ESSENTIAL OILS -STUDY OF STRESS -DEPRESSION - STUDY OF HYDRO THERAPY

UNIT V-ELECTROLOGY

TIME: 11HRS

FACIAL STEAMER - INFRA RED RAY LAMP - MAGNIFYING LAMP – EPILATION UNIT – VIBRA MASSAGER - SPRAY MACHINE – HIGH FREQUENCY MACHINE – GALVANIC MACHINE – ULTRASONIC MACHINE- VACUUM BLACK HEAD REMOVER- JADE ROLLER – GUASHA MASSAGER- ICE GLOBES- DERMABRASION MACHINE- SKIN ANALYZER- SKIN MOISTURE TESTER

REVISION AND TEST

TIME: 7HRS

COG107-PHYSIQUE CARE

Total no of hours/week: 4

Total no of week/semester: 16

Total no of hours/semester: 64

Scheme of instruction and examination:-

SUBJECT	INSTRUCTION		EXAMINATION		
PHYSIQUE CARE	Hours/ week	Hours/ semester	Internal	Autonomous Exam	Total
	4	64	25	75	100

Topics and Allocations:-

UNIT	TOPICS	TIME(HOURS)
1.	SKIN ANALYSIS, PROFESSIONAL MASSAGE STROKES	12
2.	2.0 BATH PREPARATION, 2.1 SKIN BLEACH, 2.2 NUTRITION AND DIETETICS	12
3.	YOGA ASANAS AND ITS BENEFITS	11
4.	REFLEXOLOGY ACUPRESSURE AROMATHERAPY	11
5.	ELECTROLOGY	11
	REVISION AND TEST	7
TOTAL		64

OBJECTIVES:-

ON COMPLETION OF THE FOLLOWING UNITS OF SYLLABUS CONTENTS THE STUDENTS WILL BE ABLE TO

- **TO STUDY THE TYPES OF SKIN, ANALYSIS OF THE SKIN AND SKIN CARE IN DIFFERENT SEASONS.**
- **TO UNDERSTAND THE COMPLETE GUIDE OF PROFESSIONAL RELAXING MASSAGE FOR FULL BODY.**
- **TO LEARN ABOUT THE TYPES OF MASK AND PACK AND DIFFERENT TYPES OF BATH.**
- **TO UNDERSTAND THE BALANCE DIET FOR YOUTH AND ADULT.**
- **TO LEARN YOGA ASANAS, MUDRAS.**
- **TO UNDERSTAND ABOUT REFLEXOLOGY, ACUPRESSURE AND HYDROTHERAPY.**
- **TO LEARN ABOUT AROMATHERAPY, ESSENTIAL OILS.**
- **TO UNDERSTAND THE ELECTROLOGY MACHINERY USED IN FACIAL TREATMENTS.**

REFERENCE BOOKS:-

1. **THE HEALTH & FITNESS HAND BOOK – MIENRAMPALLUIN**
2. **NATUROPATHY YOGA – PARVESHHANDA**
3. **PROFESSIONAL TRAINING FOR BEAUTICIANS – VANDEAL MANUAL**
4. **NUTRITION & HEALTH – UDAIVEER**
5. **STEP BY STEP MASSAGE – CAROL, MC.GILVERY&JIMIREED**
6. **THE WORLD OF COSMETOLOGY – FRANCE. SYLVIA, IMOORE, ADELLEM**

SESSION MARKS:-

Internal: 25 marks	10 marks – Test 05 marks – Assignment 05 marks - Seminar 5 marks – Attendance
External: 75 marks	75 marks – Theory
Total marks	100 marks

HAIR DRESSING

COG108

64 HOURS

UNIT I –STUDY OF HAIR

TIME: 12HRS

STUDY OF TRICHOLOGY – HAIR PROPERTIES – HAIR CARE IN DIFFERENT SEASONS – BASICS OF HAIR CARE – COMMON HAIR PROBLEMS –HAIR CARE PRODUCTS— STUDY OF HAIR DRESSING ACCORDING TO FACIAL SHAPES

UNIT II- HAIR SETTING AND HAIR TREATMENT

TIME: 12HRS

PRINCIPLES OF HAIR DESIGNING -THERMAL HAIR STYLING – NON THERMAL TECHNIQUES IN HAIR DESIGNING -STUDY OF WIG SETTING, STYLING AND FIXING- MAINTENANCE OF WIG AND HAIR PIECES- – SCALP MANIPULATION – DANDRUFF TREATMENT WITH HIGH FREQUENCY UNIT – AROMA OIL HAIR TREATMENT – SPA HAIR TREATMENT

UNIT III -HAIR CUTTING TOOLS AND TECHNIQUES

TIME: 11HRS

STUDY OF COSMETICS, TOOLS AND EQUIPMENT USED FOR HAIR DESIGNING – HAIR SECTIONING- BASICS OF HAIR CUTTING AND ITS TECHNIQUES –ROLLER SETTING – RULES FOR HAIR CUTTING – STRAIGHT CUT – PARTITION- U-CUT – V-CUT – LAYER CUT– FEATHER CUT AND FRONT FRINGES– SPLIT ENDS

UNIT IV- CHEMICAL WAVING

TIME: 11HRS

HAIR ANALYSIS FOR CHEMICAL WAVING – SECTIONING FOR CHEMICAL WAVING – PROCESSING FOR CHEMICAL WAVING – BODY PERMING AND END PERMING – HAIR CARE AFTER CHEMICAL TREATMENT- TEMPORARY HAIR WAVING (CRIMPING)

UNIT V -HAIR COLOURING AND STRAIGHTENING

TIME: 11HRS

BASIC PRINCIPLES OF HAIR COLOURING – PATCH TEST–COATING TINTS – PROFESSIONAL HAIR COLOUR TECHNIQUES – HAIR LIGHTENERS – CHEMICAL HAIR RELAXING – HAIR RE-BONDING – HAIR CONDITIONING – KERATIN TREATMENT- SMART BOND TREATMENT

REVISION AND TEST

TIME: 7HRS

COG108- HAIR DRESSING

Total no of hours/week: 4

Total no of weeks/semester: 16

Total no of hours/semester: 64

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
HAIR DRESSING	Hours/ week	Hours/ semester	Internal	Autonomous Exam	Total
	4	64	25	75	100

Topics and Allocations:-

UNIT	TOPICS	TIME(HOURS)
1.	STUDY OF HAIR	12
2.	HAIR SETTING AND HAIR TREATMENT	12
3.	HAIR CUTTING TOOLS AND TECHNIQUES	11
4.	CHEMICAL WAVING	11
5.	HAIR COLOURING AND STRAIGHTENING	11
	REVISION AND TEST	7
TOTAL		64

OBJECTIVES:-

ON COMPLETION OF THE FOLLOWING UNITS OF SYLLABUS CONTENTS THE STUDENTS WILL BE ABLE TO

- TO UNDERSTAND THE STUDY OF TRICHOLOGY, HAIR CARE AND COMMON HAIR PROBLEMS.
- TO UNDERSTAND THE DIFFERENT TYPES OF FACIAL SHAPES APPLIED TO HAIR DESIGNING.
- TO LEARN ABOUT PRINCIPLES OF HAIR DESIGNING AND HAIR SETTING.
- TO UNDERSTAND ABOUT HAIR TREATMENTS LIKE SCALP MASSAGE, DANDRUFF TREATMENT, SPA HAIR TREATMENT.
- TO LEARN ABOUT THE HAIR CUTTING TOOLS.
- TO UNDERSTAND THE METHODS OF WAVING AND PIN CURLS.
- TO LEARN BOUT THE HAIR COLOURING METHODS AND ITS TECHNIQUES.
- TO UNDERSTAND THE HERBAL REMEDIES FOR HAIR PROBLEMS.
- TO UNDERSTAND ABOUT STRAIGHTENING, SMOOTHENING AND RE –BONDING.

REFERENCE BOOKS:-

1. THE HAIR STYLE, HAIR CARE AND BEAUTY – LINDA SANTAG
2. PROFESSIONAL TRAINING FOR BEAUTICIANS – VAN DEAN MANUAL
3. PROFESSIONAL HAIR DRESSING – MARTIN GREEN
4. THE PRINCIPLE AND PRACTICE OF HAIR –LEO PALLADINO
5. THE WORLD OF COSMETOLOGY – FRANCE. SYLVIA, IMOORE, ADELLEM

SESSION MARKS

Internal: 25 marks	10 marks – Test 10 marks – Assignment 05 marks - Seminar 5 marks – Attendance
External: 75 marks	75 marks – Theory
Total marks	100 marks

MASSAGE THERAPY LAB

COG175

80HOURS

1. DEMONSTRATION OF CLEANSING AND EXFOLIATION
2. DEMONSTRATION OF MINI FACIAL
3. DEMONSTRATION OF PROFESSIONAL STANDARD STROKES FACIAL
4. DEMONSTRATION OF AROMA FACIAL
5. DEMONSTRATION OF DE-TAN
6. DEMONSTRATION OF FACE BLEACHING
7. DEMONSTRATION OF HOT OIL FACIAL
8. DEMONSTRATION OF BODY MASSAGE
9. DEMONSTRATION OF GALVANIC FACIAL
10. DEMONSTRATION OF SPA FACIAL
11. DEMONSTRATION OF PIGMENTATION FACIAL
12. DEMONSTRATION OF ANTIAGING FACIAL
13. DEMONSTRATION OF BODY POLISHING
14. DEMONSTRATION OF ANTI PIMPLE TREATMENT
15. DEMONSTRATION OF PEARL FACIAL

COG175- MASSAGE THERAPY LAB

Total no of hours/week: 5

Total no of weeks/semester: 16

Total no of hours/semester: 80

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
	Hours/ week	Hours/ semester	Internal	Autonomous practical Exam	Total
	5	80	25	75	100

SESSION MARKS:-

Internal: 25 marks	10 marks – Observation work 10 marks – Record work 5 marks – Attendance
External: 75 marks	Autonomous practical exam 10 marks - Procedure 60 marks - practical 05 marks - viva
Total marks	100 marks

COURSE CODE: COG175

COURSE NAME: MASSAGE THERAPY LAB

EQUIPMENT'S AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE EQUIPMENT'S	REQUIRED NOS
1.	BRUSHERS UNIT	3
2.	INFRA RED RAY LAMP	3
3.	GALVANIC MACHINE	3
4.	ULTRA SONIC MACHINE	3
5.	HIGH FREQUENCY UNIT	3
6.	SUPERSONIC MACHINE	3
7.	FACIAL STEAMER	3
8.	BLACK HEAD REMOVER	5
9.	TREADMILL	1
10.	SKIN ANALYZER	2
11.	STERILIZATION UNIT	2

CONSUMABLES AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE CONSUMABLES	SPECIFICATION	REQUIRED NOS
1.	CLEANSING MILK	500ml	4
2.	AROMA OIL	10ml	5
3.	FACE SCRUB	500g	3
4.	MASSAGE CREAMS	500g	5
5.	FACE PACK	500g	5
6.	PIGMENTATION FACIAL KIT	500g	3
7.	SPA FACIAL KIT	400g	4
8.	BODY POLISHING KIT	750g	5
9.	ANTI ACNE GEL	250g	2
10.	ANTI ACNE PACK	250g	2
11.	GALVANIC GEL	250g	3
12.	ALOEVERA GEL	100g	5
13.	OXY BLEACHKIT	500g	5
14.	TONER AND ASTRINGENT	250ml	3
15.	COTTON	200g	2
16.	ALMOND OIL	100ml	2
17.	HAND AND BODY LOTION	500ml	3
18.	CLOTH TISSUE	ROLL	3
19.	THERMO HERB PACK	250g	1
20.	ROSE WATER	250ml	2
21.	PEARL FACIAL KIT	500g	2
22.	DE-TAN	250g	2

MAKEUP LAB – I

COG176

80 HOURS

1. DEMONSTRATION OF EYEBROW THREADING AND TWEEZING
2. DEMONSTRATION OF WAXING
3. DEMONSTRATION OF DAY TO DAY MAKEUP
4. DEMONSTRATION OF PARTY MAKEUP
5. DEMONSTRATION OF OILY MAKEUP
6. DEMONSTRATION OF TELEVISION MAKEUP
7. DEMONSTRATION OF TRADITIONAL BRIDAL MAKEUP
8. DEMONSTRATION OF FILM MAKEUP
9. DEMONSTRATION OF DANCE MAKEUP
10. DEMONSTRATION OF METALLIC MAKEUP
11. DEMONSTRATION OF MODELLING MAKEUP
12. DEMONSTRATION OF SHIMMER MAKEUP
13. DEMONSTRATION OF BODY PAINTING AND DESIGNING
14. DEMONSTRATION OF RECEPTION BRIDAL MAKEUP
15. DEMONSTRATION OF LEG MAKEUP

COG176– MAKEUP LAB-I

Total no of hours/week: 5

Total no of weeks/semester: 16

Total no of hours/semester: 80

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
MAKEUP LAB-I	Hours/ week	Hours/ semester	Internal	Autonomous practical Exam	Total
	5	80	25	75	100

Session marks

Internal: 25 marks	10 marks – Observation work 10 marks – Record work 5 marks – Attendance
External: 75 marks	Autonomous practical exam 10 marks - Procedure 60 marks - practical 05 marks - viva
Total marks	100 marks

COURSE CODE: COG176

COURSE NAME: MAKE UP LAB-I

EQUIPMENTS AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE EQUIPMENT'S	REQUIRED NOS
1.	TWEEZER	3
2.	EYE BROW SCISSORS	2
3.	WAX HEATER	5
4.	WAX KNIFE	5
5.	LIBO SOLUBLE WAX HEATER	3
6.	MAKEUP BRUSH KIT	5
7.	BODY PAINTING BRUSH	5

Consumables and the quantity required for a batch of 10 students:-

S.NO	NAME OF THE CONSUMABLES	SPECIFICATION	REQUIRED NOS
1.	POWDER	400g	1
2.	MOISTURIZER	400ml	2
3.	WAX STRIP	50nos	5
4.	COMPACT POWDER	75g	5
5.	PANCAKE	100g	6
6.	PAN STICK	100g	6
7.	LIP STICK	25g	15
8.	LOOSE POWDER	100g	2
9.	MASCARA	20ml	5
10.	EYELINER	25ml	5
11.	EYE SHADOW	100g	5
12.	BLUSHER	50g	4
13.	KAJAL	25g	4
14.	EYEBROW PENCIL	10g	5
15.	LIP LINER	10g	6
16.	ARTIFICIAL EYE LASHES	10nos	10
17.	PANCHROMATIC GREASE	6 nos	6
18.	FOUNDATION PALATE	2box	2
19.	CONCEALER	50g	5
20.	LIQUID FOUNDATION	75ml	3
21.	SHIMMER FOUNDATION	50g	2
22.	SHIMMER POWDER	100g	2
23.	AQUA COLOUR	30ml	6
24.	CLEANSER	500ml	3
25.	SKIN TONER	400ml	3
26.	MAKEUP BRUSHER	24 nos	24
27.	LIBO SOLUBLE WAX	500g	5

HAIR DRESSING LAB - I

COG177

80 HOURS

1. DEMONSTRATION OF SHAMPOOING AND BLOW DRYING
2. DEMONSTRATION OF COMBING AND BRUSHING
3. DEMONSTRATION OF BASICS OF HAIR CUTTING – STRAIGHT CUT, U CUT, V CUT
4. DEMONSTRATION OF FRONT FRINGES AND HAIR BANGS
5. DEMONSTRATION OF TYPES OF PLAITS
6. DEMONSTRATION OF PINEAPPLE HAIR STYLE AND FRENCH ROLL
7. DEMONSTRATION OF BUNCH OF CURLS
8. DEMONSTRATION OF BUNCH OF GRAPES
9. DEMONSTRATION OF BUTTERFLY STYLE AND TWIST HAIR DO
10. DEMONSTRATION OF WIG STYLING AND HAIR EXTENSION STYLING
11. DEMONSTRATION OF HAIR SETTINGS WITH HOT ROLLERS AND VELCRO CURLS
12. DEMONSTRATION OF HAIR IRONING
13. DEMONSTRATION OF HOT TONGS
14. DEMONSTRATION OF MESSY HAIR STYLES
15. DEMONSTRATION OF KIDS HAIR STYLES

COG177– HAIR DRESSING LAB-I

Total no of hours/week: 5

Total no of weeks/semester: 16

Total no of hours/semester: 80

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
	Hours/ week	Hours/ semester	Internal	Autonomouspractical Exam	Total
HAIR DRESSING LAB-I	5	80	25	75	100

Session marks

Internal: 25 marks	10 marks – Observation work 10 marks – Record work 5 marks – Attendance
External: 75 marks	Autonomous practical exam 10 marks - Procedure 60 marks - practical 05 marks - viva
Total marks	100 marks

COURSE CODE: COG177

COURSE NAME: HAIR DRESSING LAB –I

EQUIPMENTS AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE EQUIPMENT'S	REQUIRED NO'S
1.	BLOW DRYER	4
2.	HAIR CUTTING SCISSORS	5
3.	HOT ROLLER MACHINE	5
4.	HOT TONGS MACHINE	5
5.	HAIR IRONING MACHINE	5
6.	VELCRO CURLS	12

CONSUMABLES AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE CONSUMABLES	REQUIRED NOS
1.	SHAMPOO	4
2.	ROLLER COMB	5
3.	FLAT BRUSH	5
4.	APRON	5
5.	TAIL COMB	5
6.	SECTION CLIPS	12
7.	HAIR SPRAY	3
8.	HAIR MOUSSE	3
9.	HAIR GEL	3
10.	WIG PIECE	10
11.	CONDITIONER	3

MANICURE AND PEDICURE LAB

COG178

80 HOURS

1. DEMONSTRATION OF PROFESSIONAL MANICURE
2. DEMONSTRATION OF PROFESSIONAL PEDICURE
3. DEMONSTRATION OF TRADITIONAL MEHENDI DESIGNING
4. DEMONSTRATION OF ARABIC MEHENDI DESIGNING
5. DEMONSTRATION OF ZARDOSHI MEHENDI DESIGNING
6. DEMONSTRATION OF SPA MANICURE AND PEDICURE
7. DEMONSTRATION OF FRENCH MANICURE AND PEDICURE
8. DEMONSTRATION OF WAX MANICURE AND PEDICURE
9. DEMONSTRATION OF ARTIFICIAL NAIL FIXING AND NAIL POLISHING
10. DEMONSTRATION OF NAIL ART AND NAIL EXTENSION
11. DEMONSTRATION OF HAND AND ARM MASSAGE
12. DEMONSTRATION OF FOOT SPA
13. DEMONSTRATION OF HAND AND FOOT EXERCISES
14. DEMONSTRATION OF THERAPEUTIC FOOT MASSAGE
15. DEMONSTRATION OF HEEL PEEL TREATMENT

COG178– MANICURE AND PEDICURE LAB

Total no of hours/week: 5

Total no of weeks/semester: 16

Total no of hours/semester: 80

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
	Hours/ week	Hours/ semester	Internal	Autonomous practical Exam	Total
	5	80	25	75	100

Session marks

Internal: 25 marks	10 marks – Observation work 10 marks – Record work 5 marks – Attendance
External: 75 marks	Autonomous practical exam 10 marks - Procedure 60 marks - Practical 05 marks - viva
Total marks	100 marks

COURSE CODE: COG178

COURSE NAME: MANICURE AND PEDICURE LAB

Equipment's and the quantity required for a batch of 10 students:-

S.NO	NAME OF THE EQUIPMENT'S	REQUIRED NOS
1.	MANICURE TABLE	5
2.	MANICURE AND PEDICURE SET	10
3.	FOOT MASSAGER	5
4.	WAX HEATER	5
5.	MEASURING JAR	5
6.	WEIGHING MACHINE	3
7.	HEATING STOVE	1
8.	FOOT SCRAPER	10
9.	MANICURE AND PEDICURE TUB	10

CONSUMABLES AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE CONSUMABLES	SPECIFICATION	REQUIRED NOS
1.	MANI AND PEDI SHAMPOO	500 ml	5
2.	CUTICLE CREAM	100g	2
3.	HAND AND FOOT CREAM	500g	5
4.	HYDROGEN PEROXIDE	100ml	3
5.	AMMONIA	100 ml	3
6.	NAIL POLISH	50ml	15
7.	MEHENDI CONE	CONE	10
8.	BLACK MEHENDI CONE	CONE	10
9.	SPA MANI &PEDI KIT	500g	5
10.	HAND AND BODY LOTION	500ml	5
11.	NAIL POLISH REMOVER	500ml	5
12.	FOOT SALT	500g	2
13.	FOOT SCRUB AND PACK	500g	3
14.	NAIL ART ACCESSORIES	STONES, COLOUR	5
15.	ARTIFICIAL NAILS	NAIL	10
16.	ACETONE	450ML	3
17.	PARAFFIN WAX(AROMATIC)	100g	5
18.	HEEL PEEL KIT	250g	5
19.	FRENCH MANI AND PEDI KIT	250g	5
24.	FOIL PAPER	ROLL	3
25.	COTTON ROLL	ROLL	3

ART OF MAKEUP

COG206

64 HOURS

UNIT I – FACIAL HARMONY

TIME: 12HRS

STUDY OF FACIAL HARMONY – FACE CARE BEFORE AND AFTER MAKEUP APPLICATION – PROFESSIONAL MAKEUP TECHNIQUES – RULES AND REGULATIONS FOR MAKEUP ARTIST – EYEBROW THREADING AND TWEEZING – STUDY OF BASIC FACE SHAPES

UNIT II- PROFESSIONAL MAKEUP TECHNIQUES AND TOOLS

TIME: 12HRS

STUDY OF MAKEUP APPLICATION FOR BASIC FACE SHAPES – DIFFERENT TYPES OF FOUNDATION USED FOR MAKEUP – STUDY OF COSMETICS AND TOOLS REQUIRED FOR PROFESSIONAL MAKEUP – STUDY OF ROUGE AND LIPSTICK APPLICATION OF MAKEUP – DIFFERENT TYPES OF EYE SHADOWS AND APPLICATION FOR MAKEUP – STUDY OF COLOUR CO-ORDINATION FOR THE MAKEUP

UNIT III –FOUNDATION TECHNIQUES

TIME: 11HRS

STUDY OF APPLICATION OF SOCIETY MAKEUP –CORRECTIVE MAKEUP– OILY MAKEUP – TELEVISION MAKEUP – FILM MAKEUP –BRIDAL MAKEUP –DIFFERENCE BETWEEN THE T.V.MAKEUP AND FILM MAKEUP

UNIT IV- METHODS OF MAKEUP TECHNIQUES

TIME: 11HRS

STUDY OF PROFESSIONAL STAGE MAKEUP – PHOTOGRAPHY MAKEUP – CHARACTER MAKEUP – STUDY OF LIGHTING, SHADING EFFECTS FOR MAKEUP – FANTASY MAKEUP – AIR BRUSH MAKEUP – DANCE MAKEUP

UNIT V- PROFESSIONAL ADVANCED MAKEUP TECHNIQUES

TIME: 11HRS

HIGH DEFINITION MAKEUP- -3-D MAKEUP- SILICON MAKEUP- WATER PROOF MAKEUP

REVISION AND TEST

TIME:7HRS

COG206- ART OF MAKEUP

Total no of hours/week: 4

Total no of weeks /semester: 16

Total no of hours/semester: 64

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
	Hours/ week	Hours/ semester	Internal	Autonomous Exam	Total
	4	64	25	75	100

TOPICS AND ALLOCATIONS:-

UNIT	TOPICS	TIME(HRS)
1.	FACIAL HARMONY	12
2.	PROFESSIONAL MAKEUP TECHNIQUES AND TOOLS	12
3.	FOUNDATION TECHNIQUES	11
4.	METHODS OF MAKEUP TECHNIQUES	11
5.	PROFESSIONAL ADVANCED MAKEUP TECHNIQUES	11
	REVISION AND TEST	7
TOTAL		64

OBJECTIVES:-

ON COMPLETION OF THE FOLLOWING UNITS OF SYLLABUS CONTENTS THE STUDENTS WILL BE ABLE TO

- TO LEARN ABOUT THE FACIAL HARMONY AND COMPLETE GUIDE OF MAKEUP TECHNIQUES.
- TO UNDERSTAND THE SHAPES OF EYEBROWS AND BASIC FACE SHAPES
- TO UNDERSTAND THE PROFESSIONAL MAKEUP TECHNIQUES AND ITS TOOLS.
- TO UNDERSTAND ABOUT THE APPLICATION OF THE ROUGE, LIPSTICK, AND EYE SHADOWS WITH COLOR CO- ORDINATION FOR MAKEUP.
- TO LEARN THE APPLICATION OF SOCIETY, CORRECTIVE, OILY AND TELEVISION MAKEUP.
- TO UNDERSTAND THE FILM, BRIDAL MAKEUP AND ITS DIFFERENT TECHNIQUES.
- TO LEARN ABOUT DIFFERENT TYPES OF FOUNDATION TECHNIQUES.
- TO UNDERSTAND THE LIGHTING, SHADING EFFECTS AND AIR BRUSH MAKEUP TECHNIQUES.
- TO LEARN ABOUT PROFESSIONAL ADVANCED MAKEUP TECHNIQUES
- TO LEARN ABOUT HIGH DEFINITION MAKEUP, 3-D MAKEUP, SILICON MAKEUP, WATER PROOF MAKEUP

REFERENCE BOOKS:-

1. THE COMPLETE BOOK OF MAKEUP – PHILIP CLUAS
2. PROFESSIONAL TRAINING FOR BEAUTICIANS – VAN DEAN MANUAL
3. THE COMPLETE MAKEUP ARTIST – BERTROBE ,PENNYDELAMAR
4. THERATERICAL MAKEUP – BERTBROE
5. THE WORLD OF COSMETOLOGY – FRANCE. SYLVIA, IMOORE, ADELLEM

SESSION MARKS

Internal: 25 marks	10 marks – Test 05 marks – Assignment 05 marks -Seminar 5 marks – Attendance
External: 75 marks	75 marks – Theory
Total marks	100 marks

COSMETIC CHEMISTRY

COG207

64 HOURS

UNIT I- HISTORY OF COSMETICS- EMULSION

TIME:12HRS

DEFINITION OF COSMETICS – HISTORY OF COSMETICS – EQUIPMENT PH METER – MORTAR AND PESTLE – SKIN COSMETICS – EMOLLIENTS AND SKIN NOURISHMENT LOTION – EMULSION – OIL IN WATER AND WATER IN OIL EMULSION – FACE SCRUB – FACE WASH – ANTIPERSPIRANT AND DEODORANT

UNIT II-SKIN COSMETICS

TIME: 12HRS

FACIAL COSMETICS – FACE POWDER – SKIN BLEACHING CREAM – COLD CREAM – CLEANSING CREAM AND LOTION – CUTICLE CREAM –VANISHING CREAM– HERBAL COLD CREAM – WHIT FIELD CREAM- WAX PREPARATION- RAW MATERIALS FOR EMOLLIENTS PRODUCTS – PETROLEUM JELLY – BEESWAX – LIQUID PARAFFIN – LANOLIN – STEARIC ACID – MINERAL OIL – VEGETABLE OIL – BEAUTY MASK AND PACK

UNIT III-HAIR COSMETICS

TIME: 11HRS

HAIR COSMETICS- HAIR DRESSING CREAM – HAIR OIL – HAIR DYES – CHEMICAL AND HERBAL HAIR CONDITIONERS –HERBAL CONDITIONERS – POTASSIUM HYDROXIDE – CETYL ALCOHOL – KAOLIN – FULLERS EARTH –LEMON SHAMPOO –EGG SHAMPOO – ANTI DANDRUFF AND ANTI LICE SHAMPOO – HERBAL SHAMPOO

UNIT IV – NAIL COSMETIC- EYE COSMETIC

TIME: 11HRS

NAIL COSMETIC – NAIL POLISH REMOVER – AMYL ACETATE – ACETONE – BUTYL ACETATE – ETHYL ACETATE – LIP COSMETIC– LIP STICK – LIP GLOSS – CASTOR OIL – VASELINE – COLOURAZOKEWAX – BUTYL STEARATE – CARNAUBA WAX – EYE COSMETIC – MASCARA – EYE SHADOW – KAJAL

UNIT V- AROMA OIL- EXTRACTION PERFUMES

TIME: 11HRS

PERFUMERY – EXTRACTION OF PERFUMES – ROSE OIL , JASMINE OIL – PERFUMES– EXPRESSION – MACERATION – FRACTIONAL DISTILLATION – PRESERVATIVES – STUDY OF ESSENTIAL AROMA OIL – COSMETIC ALLERGIC TO SKIN- QUALITY CONTROL

REVISION AND TEST

TIME: 7HRS

COG207- COSMETIC CHEMISTRY

Total no of hours/week: 4

Total no of weeks /semester: 16

Total no of hours/semester: 64

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
COSMETIC CHEMISTRY	Hours/ week	Hours/ semester	Internal	Autonomous Exam	Total
	4	64	25	75	100

TOPICS AND ALLOCATIONS:-

UNIT	TOPIC	TIME(HOURS)
1.	HISTORY OF COSMETICS- EMULSION	12
2.	SKIN COSMETICS	12
3.	HAIR COSMETICS	11
4.	NAIL COSMETICS- EYE COSMETIC	11
5.	AROMA OIL, EXTRACTION PERFUMES	11
	REVISION AND TEST	7
TOTAL		64

OBJECTIVES:-

ON COMPLETION OF THE FOLLOWING UNITS OF SYLLABUS CONTENTS THE STUDENTS WILL BE ABLE TO

- TO UNDERSTAND ABOUT THE HISTORY OF COSMETIC AND TYPES OF COSMETICS.
- TO UNDERSTAND EMULSION, EMOLLIENT AND EMULSIFIER.
- TO UNDERSTAND ABOUT RAW MATERIALS USED IN SKIN COSMETICS.
- TO LEARN ABOUT BEAUTY MASK AND PACK.
- TO LEARN ABOUT PREPARATION OF SHAMPOO, HAIR OIL, CHEMICAL HAIR CONDITIONER.
- TO LEARN ABOUT RAW MATERIALS OF HAIR COSMETICS.
- TO UNDERSTAND NAIL COSMETIC AND EYE COSMETICS.
- TO KNOW ABOUT RAW MATERIALS USED IN NAIL AND EYE COSMETIC.
- TO LEARN ABOUT PERFUMES AND METHOD OF EXTRACTION OF PERFUMES.
- TO UNDERSTAND STUDY OF AROMA OILS.
- TO UNDERSTAND QUALITY CONTROL OF COSMETICS.

REFERENCE BOOKS:-

1. COSMETIC SCIENCE & TECHNOLOGY – M.SBALSOM, M.NRIEGER, S.JSTERISE
2. THE SCIENCE OF COSMETICS – JOHN V. SIMMONS
3. MANUFACTURE OF BEAUTY PRODUCTS – SBP BOARD OF CONSULTANTS & ENGINEERS
4. MODERN COSMETICS – E.G. THOMSEN
5. THE CHEMICAL FORMULARY – H.BENNELT

SESSION MARKS:-

Internal: 25 marks	10 marks – Test 05 marks – Assignment 05 marks - Seminar 5 marks – Attendance
External: 75 marks	75 marks – Theory
Total marks	100 marks

BUSINESS MANAGEMENT

COG208

64 HOURS

UNIT I- BEAUTY SALON RULES AND REGULATION

TIME:12HRS

STUDY OF BEAUTY CLINIC OWNERSHIP AND PLANNING – TYPES OF EMPLOYEE AND EMPLOYMENT – LOCATION FOR BEAUTY SALON – SALON SETUPS AND SERVICES – RULES AND REGULATION OF BEAUTY CLINIC

UNIT II- PROFESSIONAL ETHICS

TIME: 12HRS

PROFESSIONAL ETHICS FOR THE BEAUTICIAN – IMPORTANCE OF GOOD GROOMING – RETAIL SELLING IN THE BEAUTY CLINIC – INCOME AND EXPENDITURE OF THE BEAUTY CLINIC – REGISTRATION UNDER SHOP ACT – INSURANCE – FIRST AID FOR EMERGENCY IN BEAUTY CLINIC – CLIENT HANDLING AND CONSULTATION

UNIT III- MAINTENANCE OF RECORDS

TIME: 11HRS

MAINTENANCE OF DAY TO DAY RECORDS – MAINTENANCE OF EQUIPMENT'S AND MATERIALS RECORDS – CLIENT RECORDS – MEMBERSHIP RECORDS – ADVERTISEMENT – MAGAZINE OR MEDIA – DISPLAY NEW PRODUCTS – INTERIOR DESIGNING INSIDE THE BEAUTY CLINIC – PLANNING A SERVICE AREA TO THE CLIENT – BASIC KNOWLEDGE FOR MARKETING

UNIT IV- ENTREPRENEURIAL DEVELOPMENT-CAREER OPPORTUNITIES

TIME:11HRS

ENTREPRENEURIAL SKILL DEVELOPMENT – CAREER OPPORTUNITIES FOR THE BEAUTICIAN – PROFESSIONAL IMAGE FOR THE BEAUTICIAN – PERSONALITY AND HUMAN RELATIONS – AVAILABILITY AND FORMALITIES OF LOAN FOR WOMEN ENTREPRENEUR – SMALL SCALE REGISTRATION (MSME)

UNIT V- SANITATION AND STERILIZATION

TIME: 11HRS

TYPES AND METHODS OF STERILIZATION – INTRODUCTION OF SANITATION – BASIC RULES OF SANITATION – STUDY OF BACTERIOLOGY – PERSONAL HYGIENE – TIPS FOR GOOD GROOMING – SAFETY PRECAUTION

REVISION AND TEST

TIME: 7HRS

COG208 BUSINESS MANAGEMENT

Total no of hours/week: 4

Total no of weeks /semester: 16

Total no of hours/semester: 64

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
BUSINESS MANAGEMENT	Hours/ week	Hours/ semester	Internal	Autonomous Exam	Total
	4	64	25	75	100

TOPICS AND ALLOCATIONS:-

UNIT	TOPIC	TIME(HRS)
1.	BEAUTY SALON RULES AND REGULATION	12
2.	PROFESSIONAL ETHICS	12
3.	MAINTENANCE OF RECORDS	11
4.	ENTREPRENEURIAL DEVELOPMENT AND CARRIER OPPORTUNITIES	11
5.	SANITATION AND STERILIZATION	11
	REVISION AND TEST	7
TOTAL		64

OBJECTIVES:-

ON COMPLETION OF THE FOLLOWING UNITS OF SYLLABUS CONTENTS THE STUDENTS WILL BE ABLE TO

- TO LEARN THE OWNERSHIP AND PLANNING, EMPLOYEE, EMPLOYMENT AND LOCATION OF BEAUTY PARLOUR.
- TO LEARN THE TYPES OF SERVICES OFFERED IN THE BEAUTY PARLOUR.
- TO UNDERSTAND THE RULES AND REGULATION OF BEAUTY CLINICS.
- TO UNDERSTAND THE ETHICS FOR BEAUTICIAN, GOOD GROOMING AND KNOWLEDGE OF BEAUTY CLINIC.
- TO LEARN THE SAFETY PRECAUTIONS, INSURANCE AND FIRST AID FOR BEAUTY SALON.
- TO LEARN THE MAINTENANCE OF RECORDS, EQUIPMENT'S AND MATERIALS.
- TO UNDERSTAND THE ADVERTISEMENT AND INTERIOR PLANNING AREA IN BEAUTY SALON.
- TO LEARN ENTREPRENEURIAL SKILL DEVELOPMENT, CAREER OPPORTUNITIES FOR PROFESSIONAL BEAUTICIAN.
- TO UNDERSTAND THE PERSONALITY, HUMAN RELATIONSHIP AND ALSO THE FORMALITIES OF LOAN AVAILABLE.

REFERENCE BOOKS:-

1. PROFESSIONAL TRAINING FOR BEAUTICIANS – VAN DEAN MANUAL
2. THE PRINTICE HALL TEXT BOOK OF COSMETOLOGY – OLIVE P.SCOTT MARY CALLAHEN
3. THE WORLD OF COSMETOLOGY – FRANCE. SYLVIA, IMOORE, ADELLEM

SESSION MARKS:-

Internal: 25 marks	10 marks – Test 05marks – Assignment 05 marks - Seminar 5 marks – Attendance
External: 75 marks	75 marks – Theory
Total marks	100 Marks

HAIR DRESSING LAB II

COG276

80HOURS

1. DEMONSTRATION OF REMOVAL OF HAIR SPILT ENDS
2. DEMONSTRATION OF SCALP MASSAGE AND STEAMING
3. DEMONSTRATION OF HIGH FREQUENCY TREATMENT FOR DANDRUFF
4. DEMONSTRATION OF AROMA HAIR TREATMENT
5. DEMONSTRATION OF PERMANENT WAVING(PERMING)
6. DEMONSTRATION OF ADVANCED DESIGNING IN HAIR CUTTING
7. DEMONSTRATION OF HAIR STRAIGHTENING
8. DEMONSTRATION OF HAIR RE-BONDING
9. DEMONSTRATION OF HAIR COLOURING
10. DEMONSTRATION OF HAIR STREAKING AND HIGHLIGHTING
11. DEMONSTRATION OF HENNA COLOURING AND HENNA CONDITIONING
12. DEMONSTRATION OF HAIR DYE AND APPLICATION
13. DEMONSTRATION OF HAIR STYLES FOR MODELS
14. DEMONSTRATION OF MODERN HAIRDO FOR BRIDES
15. DEMONSTRATION OF HAIR SPA

COG276– HAIR DRESSING LAB-II

Total no of hours/week: 5

Total no of weeks/semester: 16

Total no of hours/semester: 80

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
	Hours/ week	Hours/ semester	Internal	Autonomous practical Exam	Total
	5	80	25	75	100

Session marks

Internal: 25 marks	10 marks – Observation work 10 marks – Record work 5 marks – Attendance
External: 75 marks	Autonomous practical exam 10 marks - Procedure 60 marks - Practical 05 marks - viva
Total marks	100 marks

COURSE CODE: COG276

COURSE NAME: HAIR DRESSING LAB-II

EQUIPMENTS AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE EQUIPMENT'S	REQUIRED NOS
1.	SCALP STEAMER	5
2.	HIGH FREQUENCY MACHINE	5
3.	INFRA RED RAY LAMP	4
4.	HAIR CUTTING SCISSORS	5

CONSUMABLES AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE CONSUMABLES	SPECIFICATION	REQUIRED NOS
1.	TAIL COMB	-	4
2.	COCONUT OIL	500g	2
3.	ALMOND OIL	100g	2
4.	HAIR SPA CREAM	300g	3
5.	HAIR SERUM	100ml	4
6.	LAVENDER OIL	20ml	2
7.	TEA TREE OIL	20ml	2
8.	DANDRUFF SHAMPOO	250ml	3
9.	DANDRUFF SERUM	200ml	2
10.	WAVING LOTION	500ml	3
11.	HAIR SMOOTHENING CREAM	500g	2
12.	NEUTRALIZER	200g	2
13.	HAIR MASK	500g	3
14.	HAIR CONDITIONING CREAM	250g	4
15.	HENNA POWDER	500g	3
16.	HAIR DYE	500g	3

ELECTRO THERAPY LAB

COG277

80 HOURS

1. OPERATION OF FACE STEAMER WITH VAPOUR OZONE
2. DEMONSTRATION OF SKIN WHITENING FACIAL
3. OPERATION OF SCALP STEAMER WITH VAPOR OZONE
4. OPERATION OF GALVANIC MACHINE AND ULTRASONIC MACHINE
5. OPERATION OF EAR PIERCING AND WARTS REMOVING MACHINE
6. OPERATION OF HIGH FREQUENCY UNIT
7. OPERATION OF FOOT MASSAGER
8. OPERATION OF FRIMATOR MACHINE
9. DEMONSTRATION OF CHOCOLATE FACIAL
10. DEMONSTRATION OF OXY FACIAL
11. DEMONSTRATION OF METALLIC FACIAL
12. DEMONSTRATION OF HERBAL AND FRESH FRUIT FACIAL
13. OPERATION OF STERILIZATION UNIT
14. DEMONSTRATION OF COLLAGEN FACIAL
15. DEMONSTRATION OF WINE FACIAL

COG277– ELECTRO THERAPY LAB

Total no of hours/week: 5

Total no of weeks/semester: 16

Total no of hours/semester: 80

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
	Hours/ week	Hours/ semester	Internal	Autonomous practical Exam	Total
ELECTRO THERAPY LAB	5	80	25	75	100

Session marks

Internal: 25 marks	10 marks – Observation work 10 marks – Record work 5 marks – Attendance
External: 75 marks	Autonomous practical exam 10 marks - Procedure 60 marks - Practical 05 marks - viva
Total marks	100 marks

COURSE CODE: COG277

COURSE NAME: ELECTRO THERAPY LAB

EQUIPMENT'S AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE EQUIPMENT'S	REQUIRED NOS
1.	FACE STEAMER	3
2.	SCALP STEAMER	3
3.	VAPOUR OZONE	3
4.	ULTRA SONIC MACHINE	4
5.	GALVANIC MACHINE	3
6.	HIGH FREQUENCY UNIT	3
7.	FOOT MASSAGER	5
8.	WET STERILIZATION UNIT	3
9.	DRY STERILIZATION UNIT	3
10.	FRIMATOR MACHINE	2
11.	BRUSHER UNIT	3
12.	EAR PIERCING	3
13.	WARTS REMOVAL MACHINE	2

CONSUMABLES AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE CONSUMABLES	SPECIFICATION	REQUIRED NOS
1.	SKIN WHITENING FACIAL KIT	500g	3
2.	OXY FACIAL KIT	500g	3
3.	GALVANIC GEL	250g	5
4.	ANTI ACNE PACK	100g	3
5.	ANTI ACNE GEL	100g	3
6.	FACE SERUM	50ml	10
7.	CHOCOLATE FACIAL KIT	500g	3
8.	OXY FACIAL KIT	500g	3
9.	COLLAGEN KIT	500g	2
10.	WINE FACIAL KIT	250g	5
11.	THERMO HERB FACE MASK	250g	3
12.	METALLIC FACIAL KIT	500g	2

MAKE UP LAB – II

COG278

80 HOURS

- 1 .DEMONSTRATION OF PHOTOGRAPHY MAKEUP
2. DEMONSTRATION OF CORRECTIVE MAKEUP
3. DEMONSTRATION OF CORRECTIVE MAKEUP FOR LIPS
4. DEMONSTRATION OF CORRECTIVE MAKEUP FOR EYES
5. DEMONSTRATION OF ROUGE APPLICATION FOR DIFFERENT TYPES OF FASHION
6. DEMONSTRATION OF CHARACTER MAKE UP
7. DEMONSTRATION OF HIGH DEFINITION MAKEUP
8. DEMONSTRATION OF CREATIVE EYE MAKEUP AND CONTACT LENS FIXING
9. DEMONSTRATION OF STAGE MAKE UP
10. DEMONSTRATION OF FANTASY MAKE UP
11. DIFFERENT STYLES OF SAREE WEARING
12. DEMONSTRATION OF ARTIFICIAL EYELASH FIXING AND CURLING
13. DEMONSTRATION OF BRIDAL FLOWER DECORATIONS
14. DEMONSTRATION OF VITILIGO MAKEUP
15. DEMONSTRATION OF NUDE MAKEUP

COG278– MAKEUP LAB-II

Total no of hours/week: 5

Total no of weeks/semester: 16

Total no of hours/semester: 80

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
	Hours/ week	Hours/ semester	Internal	Autonomous practical Exam	Total
MAKEUP LAB-II	5	80	25	75	100

Session marks

Internal: 25 marks	10 marks – Observation work 10 marks – Record work 5 marks – Attendance
External: 75 marks	Autonomous practical exam 10 marks - Procedure 60 marks - Practical 05 marks - viva
Total marks	100 marks

COURSE CODE: COG278

COURSE NAME: MAKEUP LAB-II

EQUIPMENT'S AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE EQUIPMENT'S	REQUIRED NOS
1.	EYE CURLER MACHINE	5
2.	MAKEUP BRUSH KIT	3

CONSUMABLES AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE CONSUMABLES	REQUIRED NOS
1.	PAN CAKE	5
2.	PAN STICK	5
3.	HD FOUNDATION	12
4.	COMPACT	5
5.	LOOSE POWDER	4
6.	LIP STICK	5
7.	LIP GLOSS	5
8.	MAKEUP BRUSHES	24
9.	EGYPTIAN LIGHT PANCAKE	2
10.	EGYPTIAN DARK PANCAKE	2
11.	CONTACT LENS	5
12.	EYE SHADOWS	2
13.	ROUGE	5
14.	GEL EYE LINER	3
15.	LIQUID FOUNDATION	3
16.	MASCARA	5
17.	LIP STICK	5
18.	COMPACT POWDER	5

YOGA THERAPY LAB

COG279

80 HOURS

1. YOGA MUDRA IN PADMASANA
2. PRANAYAMA - MEDITATION
3. SURYA NAMASKAR
4. THADASANA – BHUJANGASANA
5. SARVANGASANA- HALASANA
6. MATEYASANA
7. SALABHASANA – ARDHASALABHASANA
8. PASCHIMOTHASANA – DHANURASANA
9. VAJRASANA – TRIKONASANA
10. MATSYENDRASANA
11. MUDRAS- – VAYU, VYANAVAYU, APAANA, PRANA
12. SAVASANA
13. REFLEXOLOGY
14. ACUPRESSURE
15. AEROBICS EXERCISE

COG279– YOGA THERAPY LAB

Total no of hours/week: 5

Total no of weeks/semester: 16

Total no of hours/semester: 80

SCHEME OF INSTRUCTION AND EXAMINATION:-

SUBJECT	INSTRUCTION		EXAMINATION		
	Hours/ week	Hours/ semester	Internal	Autonomous practical Exam	Total
	5	80	25	75	100

SESSION MARKS

Internal: 25 marks	10 marks – Observation work 10 marks – Record work 5 marks – Attendance
External: 75 marks	Autonomous practical exam 10 marks - Procedure 60 marks - Practical 05 marks - viva
Total marks	100 marks

COURSE CODE: COG279

COURSE NAME: YOGA THERAPY LAB

ITEMS AND THE QUANTITY REQUIRED FOR A BATCH OF 10 STUDENTS:-

S.NO	NAME OF THE ITEM	SPECIFICATION	REQUIRED NOS
1.	YOGA MAT	RUBBER MAT	EACH 1

QUESTION PAPER PATTERN

COURSE CODE:
COURSE NAME:

TIME: 3 Houts
MAX MARKS: 75

PART-A (5x3= 15)

Answer any FIVE Questions:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

PART-B (5x12= 60)

Answer any Five Questions:

- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.